

Bumps and Babes

Share stories, songs and rhymes that will help your baby's development

Benefits of Singing to your Baby

Singing with your baby been proven to strengthen the emotional bond between parent and baby, even before baby is born. Babies can start to process sound from 25 weeks gestation in the womb, so it really is worth singing to your bump when you are pregnant!



Another advantage of singing to your baby, is that it helps them to develop their language and communication skills. Singing nursery rhymes can help them to start to distinguish different sounds. It can also support the development of gross motor skills through moving to the music and supporting their understanding of rhythm.

Studies have shown that children who know more than 8 nursery rhymes by the age of 4, go on to exceed their peers in reading and phonics when they start school.

Singing nursery rhymes with your baby is one simple, free and easy way you can support your child develop some important life skills and get school ready.

Songs for you to try

Here are some simple songs you may want to try with your baby. Where possible, face your child towards you so they can see your facial expressions.

Wind the Bobbin Up

Wind the bobbin up,

Wind the bobbin up,

Pull, pull, clap, clap,
clap

Wind it back again

Wind it back again

Pull, pull. Clap, clap,
clap

Point to the ceiling

Point to the floor

Point to the window

Point to the door

Clap your hands
together

One, two, three

Put your hands upon
your knee

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Twinkle, Twinkle Little Star

Twinkle, twinkle, little star

How I wonder what you are

Up above the world so high

Like a diamond in the sky

Twinkle twinkle little star

How I wonder what you are

Baa Baa Black Sheep

Baa baa black sheep, have you any wool?

Yes sir, yes sir, three bags full

One for the master and one for the dame

And one for the little boy who lives down the lane

Thank you said the master, thank you said the dame

And thank you said the little boy who lives down the lane

Itsy Bitsy Spider

The itsy bitsy spider climbed up the waterspout.

Down came the rain and washed the spider out.

Out came the sun and dried up all the rain

and the itsy bitsy spider climbed up the spout again.

1, 2, 3, 4, 5

One, two, three, four, five,

Once I caught a fish alive,

Six, seven, eight, nine, ten,

Then I let it go again.

Why did you let it go? Because it bit my finger so.

Which finger did it bite?

This little finger on my right

Old MacDonald had a Farm

Old MacDonald had a farm, E-I-E-I-O!

And on this farm he had a cow, E-I-E-I-O!

With a moo-moo here and a moo-moo there, Here a moo, there a moo,

Everywhere a moo-moo,

Old MacDonald had a farm, E-I-E-I-O!

I had a Little Turtle

I had a little turtle, his name was Tiny Tim.

I put him in the bathtub, to see if he could swim.

He drank up all the water, he ate up all the soap.

And now he's sick in bed, with bubbles in his throat!

Bubble, bubble, bubble, POP!

For more song ideas, look at [CBeebies](#) online for videos of nursery rhymes